

Is It Bullying?

Joking Around

- fun for everyone
- no one is feeling hurt
- participation is equal

One Time Thing

- a person is being mean on purpose
- usually doesn't happen over and over again
- person being mean usually feels bad and person being hurt doesn't feel powerless



Conflict

- a fight, argument, or disagreement
- equal power between two people
- opposing opinions
- solutions are usually reached

Bullying

- repeated, unwanted, aggressive behaviour towards someone
- someone is being hurt on purpose
- the person being bullied feels powerless to the bully
- can be social, verbal, physical, or cyber